



US FedEx Shipping Instructions:

1) Place the cardboard kit box containing the specimen and the completed test requisition form into the FedEx Clinical Pak.

2) Write your name and address in the space provided on the prepaid Billable Stamp and tear off the Customer Receipt for your records. Affix the Billable Stamp to the Clinical Pack in the space provided.

3) Call FedEx toll free at **1-800-238-5355** to schedule your pickup. When you hear the automated greeting say "REP". You will then be asked if you are calling to ship a package; reply "YES" to be connected directly to a live FedEx representative. Tell the representative that you need a pickup for a shipment using a prepaid "BILLABLE STAMP" and give your address.

Do not use a drop box. FedEx will not accept specimens placed into a drop box.

You may ship specimens Monday through Friday only. If you complete this test on a Saturday or Sunday, you must hold the specimens until Monday before shipping.

Doctor's Data provides prepaid shipping materials for use in shipping specimens from Canada, Ireland, United Kingdom, and the United States. If you are located outside of these countries or choose to use a different courier or level of service than provided, you must make your own shipping arrangements at your own expense.



US & CANADA: 1.800.323.2784 - UK: 0871.218.0052
ELSEWHERE: 1.630.377.8139 - FAX: 1.630.587.7860
3755 Illinois Avenue, St. Charles, IL USA 60174-2420
inquiries@doctorsdata.com - www.doctorsdata.com

Collection Instructions for the following tests: Toxigenic C. Difficile DNA, Calprotectin, Elastase, H. Pylori, Lactoferrin, Lysozyme, Secretory IgA, Zonulin

Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. *Never discontinue prescription medications without first consulting your physician.*

Verify Kit Contents:

- 1 Test requisition form
- 1 Polar Pack gel pack
- 1 Collection container
- 1 White-capped vial
- 1 Disposable glove
- 1 Zip-lock bag with absorbent material
- 1 FedEx Clinical Pak with Prepaid Billable Stamp

- ◆ If you are missing kit components, please call Doctor's Data's Customer Service department for assistance.
- ◆ Save the cardboard collection kit box to ship your samples back to the laboratory. Leave the absorbent material in the zip lock bag. Do not put it in the specimen vial.

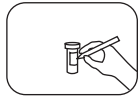
Collection Instructions:



1) Collect your stool specimen into the collection container. *DO NOT contaminate the specimen with either urine or water from the toilet.*



2) Unscrew the cap on the white-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool reaches the fill line. **DO NOT OVERFILL.** Screw the cap on *tightly*.



3) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. (You do not have to provide an ID#. The lab will assign one upon arrival). ***The test cannot be performed without the patient information on the vial.***



4) Place the white-capped vial into the bag and seal. Place the Polar-Pack gel pack into the pouch on the back of the bag. Place the bag into a freezer until frozen solid (usually about 6 hours).



5) Retrieve the bag containing the frozen white capped vial and Polar-Pack gel pack from the freezer. Place the bag and its contents into the cardboard shipping box.



6) Fill out the test requisition form completely and sign it. ***The test cannot be performed without a properly filled out requisition.*** Place the completed requisition form in the cardboard shipping box. The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot arrange shipping on the same day you finish the collection, such as over a weekend or holiday, freeze the specimen until you are ready to ship the test collection kit.

Consult your physician if you have any questions during the test collection process.