



### US FedEx Shipping Instructions:

- 1) Place the kit box containing the specimen and the completed test requisition form into the FedEx Clinical Pak.
- 2) Write your name and address in the space provided on the prepaid Billable Stamp and tear off the Customer Receipt for your records. Affix the Billable Stamp to the Clinical Pak in the space provided.
- 3) Call FedEx toll free at **1-800-238-5355** to schedule your pickup. When you hear the automated greeting say "REP". You will then be asked if you are calling to ship a package; reply "YES" to be connected directly to a live FedEx representative. Tell the representative that you need a pickup for a shipment using a prepaid "BILLABLE STAMP" and give your address.

**Do not use a drop box.** FedEx will not accept specimens placed into a drop box.

Doctor's Data provides prepaid shipping materials for use in shipping specimens from Canada, Ireland, United Kingdom, and the United States. If you are located outside of these countries or choose to use a different courier or level of service than provided, you must make your own shipping arrangements at your own expense.



US & CANADA: 1.800.323.2784 - UK: 0871.218.0052  
ELSEWHERE: 1.630.377.8139 - FAX: 1.630.587.7860  
3755 Illinois Avenue, St. Charles, IL USA 60174-2420  
inquiries@doctorsdata.com - www.doctorsdata.com

### DNA Methylation Pathway Profile; whole blood

#### Before You Start:

**Please read all of the directions, and familiarize yourself with the collection procedures.**

The test requires no special diet. The Informed Consent Form must be completed and returned with the specimen in order to process this test.

#### Verify Kit Contents:

- 1 Lavender top EDTA tube
- 1 Clear plastic protective tube
- 1 Zip-lock bag
- 1 Test requisition form
- 1 Informed consent form
- 1 FedEx Clinical Pak with Prepaid Billable Stamp

- ◆ If you are missing kit components, please call Doctor's Data's Customer Service department for assistance.
- ◆ Save the cardboard collection kit box to ship your samples back to the laboratory.

### Collection Instructions:

1) Draw the blood into the supplied blood tube. Fill the tube completely (minimum 5 ml) and invert 10 times to ensure mixing.

2) Write the patient's name, the date of collection, and patient's date of birth on the specimen tube. Do not remove the cap from the blood tube for any reason. ***The test cannot be performed without the patient information on the tube.***

3) Place the blood tube into the clear plastic protective tube and cap. Place the plastic protective tube containing the specimen in the zip-lock bag. If unable to ship immediately, refrigerate the specimen.

**TIP:** To more easily remove the cap on the clear plastic protective tube, rock the cap back and forth while pulling.

4) Fill out the test requisition form completely and sign it. In the collection information section of the requisition form (located in the upper right hand corner), fill in the specimen collection date.

5) Please read and complete the Informed Consent for Molecular Genetic Testing form and sign.

6) Place the completed requisition form, the signed informed consent form, and the zip-lock bag containing the specimen in the kit box. ***The test cannot be performed without a properly filled out requisition and signed informed consent.*** The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot arrange shipping on the same day you finish the collection, such as over a weekend or holiday, refrigerate the specimen until you are ready to ship. If you are not shipping the specimen within 4 days of collection, place the tube in the freezer until ready to ship.

**Consult your physician if you have any questions during the test collection process.**